

SACRED POWER OF THE UNIVERSAL LAWS



REVEALED

Sharka Glet, D.D., M.A.

Robert D. Reed Publishers • Bandon, OR

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**Robert D. Reed Publishers
P.O. Box 1992
Bandon, OR 97411
Phone: 541-347-9882; Fax: -9883
E-mail: 4bobreed@msn.com
Website: www.rdrpublishers.com**



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CHAPTER SIX

Divine Guidance

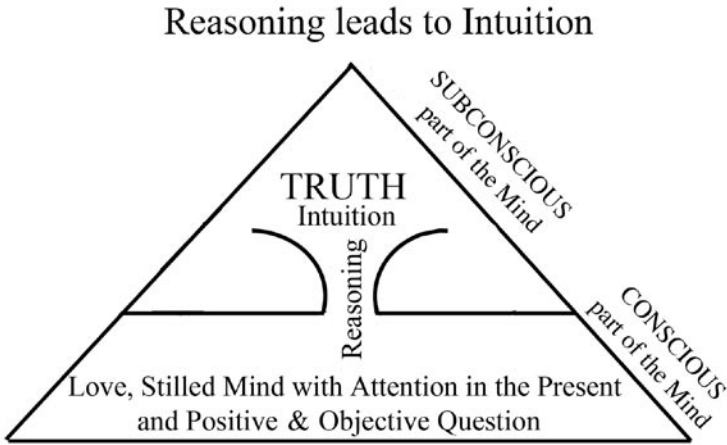
We've learned that reasoning is the Creative power of the Conscious part of the mind. We have also learned that intuition is a direct grasp of truth and/or beauty. Information about truth and beauty is stored in the Subconscious part of the mind. Truth is described in words and beauty is described in colors, shapes, forms, tastes, smells, and/or sounds. Our soul resides in the Subconscious part of the mind and consists of a sum of our understood God-like qualities and skills. When our Conscious part of the mind is disciplined, these qualities are available to us anytime, anywhere, and under any condition.

The disciplined mind is the stilled mind. With our stilled mind we can experience and objectively observe a present moment. While our attention is in the present, we can also see an objective view of the past and probable future. This would indicate that with our attention in the present we can reason and create, while simultaneously using our memory and imagination. We know that our thoughts manifest; therefore, while using our reasoning we are able to consciously create our future.

The stilled mind connects the Conscious and Subconscious part of the minds and also activates reasoning and intuition. In the Subconscious part of the mind we are all connected and through this connection, our conscious view expands. With an expanded consciousness we are able to

view our life situations objectively. From a Subconscious perspective we can also view the situations of others.

Reasoning gives us the ability to formulate a question and receive intuitive guidance. Thus we can say that reasoning leads to intuition. A stilled mind enables us to receive intuitive guidance and thus create our future.



We have also learned that the conscious ego is our motivator. It motivates us by giving us desires. We need to reason with our desires in order to correctly interpret these ego motivations. With correct interpretation we can use ego motivations to discover the nature of our true physical desires. While fulfilling our physical desires we can simultaneously learn about and fulfill our Soul's Need. Therefore, directed by our disciplined Conscious part of the mind, our ego becomes our best friend.

Conversely, the undisciplined mind keeps our attention at the physical level. This does *not* allow us to use our Conscious part of the mind in the most efficient manner. The Conscious part of the mind stores memories in the brain. These memories are life experiences with incomplete understandings. Incomplete understandings produce thoughts related to fears, doubts, guilt, blame, fantasies, false pride, judgments, and a host of other limiting thoughts. When uncontrolled, those thoughts become habitual.

Our conscious ego motivates us by processing the information about our Soul's Need through our brain memory. Since habitual thoughts are in our brain memory, our uncontrolled ego uses doubts, guilt, blame, fantasies, false pride, and/or judgments to motivate us. Without our Conscious part of the mind's reasoning abilities, our life is directed by

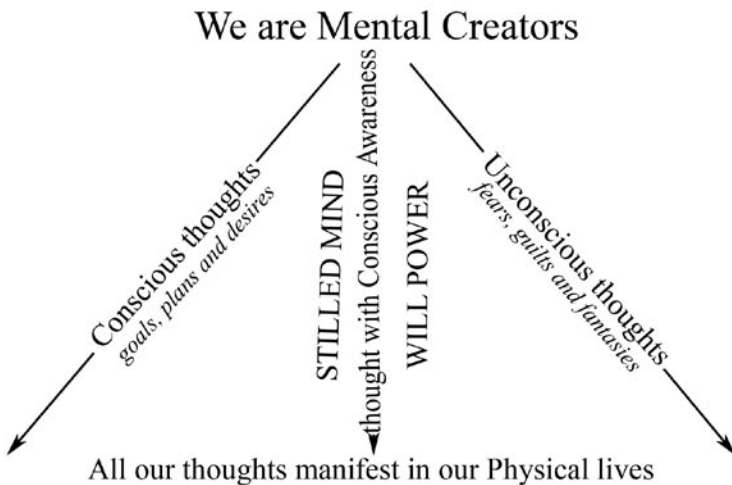
our uncontrolled ego. This is how our undirected, uncontrolled ego can become our greatest enemy.

We have learned that it is easier to keep our mind still when we are doing something we love to do. In the early years of my life it was always a challenge for me to keep my mind still. Yet when I painted or sculpted, my mind could be stilled and focused for hours. This is because I loved what I was doing. When we love what we do, we can easily still our mind and draw understandings from our soul. Thus, we can conclude that *the stilled mind and/or love connect us with our soul.*

Love is the Divine order that connects us with our soul and brings control to whatever we do. Doing anything without love produces resentment and resentment disconnects us from our soul. Without being connected to our soul, whatever we are doing becomes just another physical activity. Therefore, if your goal is to be soul-connected and you don't love what you do, it is important to either cause yourself to love it or choose to do something else.

While creating in the physical plane only, we can manifest fame or wealth or other things necessary for surviving. However, those physical things are temporary. In order to have lasting happiness, we need to feed our soul.

We are mental creators. We create with our thoughts. Both our controlled and uncontrolled thoughts manifest. This is a scientific as



well as a natural fact. In order to have control over our life and be happy, we need to learn to become “creators with conscious awareness.” To be

“a creator with conscious awareness” means that we are aware of our thoughts. In order to be aware of our thoughts we need to train our mind to be still. The following exercise can be practice anytime you need to still your mind.

Exercise #5: Breath in deeply through your nose while tensing all the muscles of your body, hold your breath and the tension of your muscles counting to three, then exhale through your mouth. While exhaling relax the muscles of your body. Always tense the muscles starting from the bottom of your feet all the way to the top of your head. Relax the tension the opposite way, from the top of the head to the bottom of your feet.

To control our thoughts and keep our mind still requires will power. To develop will power practice the following exercise.

Exercise #6: Whenever you get distracted you consciously observe the present life situation while using all of our senses. It is called being grounded or as I call it having a stilled mind. It means you ground your mind through your physical body with the physical energies of Earth. Each time you bring your distracted attention back to this alignment, your mind will become stilled and your will power will strengthen.

If you find it difficult to still the mind, you may wish to seek counseling to help you to understand and release some of the habitual thoughts that preoccupy your Conscious part of the mind.

Stilling our mind is the ability to keep our attention in the present moment. The present moment is all that exists. The stilled mind and/or love, along with meditation and concern for the highest Good of All, connect our consciousness with the Superconscious part of the mind.

The Superconscious is the deepest part of the mind. It is our spiritual part and therefore is closest to the Creator. In the Superconscious part of the mind we are All One. The Superconscious part of the mind holds the plan for all of creation, including the individual plans for all of humankind. The plan for the individuals of humankind includes information about how to become “creators in the likeness of God, with conscious awareness.”

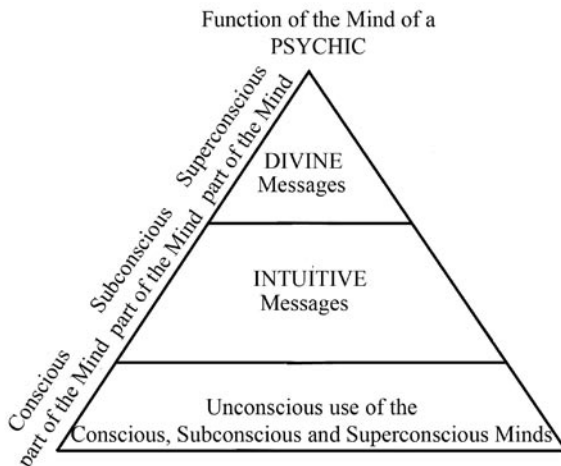
Through the Superconscious part of the mind we are connected with our Divine guidance. In order to become “a creator in the likeness of God with conscious awareness,” it is important to develop reasoning and intuition as well as conscious connection with Divine guidance.

Reasoning is the function of the Conscious part of the mind and intuition is the function of the Subconscious part of the mind. Divine guidance comes from the Superconscious part of the mind. In order to

connect consciously with the Superconscious part of the mind, first we need to learn to use conscious awareness of our reasoning and intuition. Once we have conscious awareness of reasoning and intuition, then we can develop conscious awareness of the connection with Divine guidance.



However, we can receive intuitive and/or Divine messages without conscious awareness. A person who has this ability is often called a “psychic” and the process of receiving these Divine messages is called “channeling.”



Only a person who deliberately learns to use their reasoning, intuition, and Divine connection with conscious awareness while holding in their consciousness concern for the Goodness of All is becoming “a creator in the likeness of God.”

Conscious awareness of reasoning, intuition, and Divine guidance indicates that we have an understanding of their origin and how we can cause them to occur anytime, anywhere, and under any condition. Thus, with these abilities we will have control of our life.

The most important part of being “a creator in the likeness of God with conscious awareness” is our developed mental discipline. A disciplined mind gives us the ability to apply reasoning, intuition, and Divine guidance to our life situations. Equally important is the fact that on a daily basis, the person who seeks to become “a creator in the likeness of God with conscious awareness” uses their reasoning, intuition, and Divine guidance to raise their consciousness. They also help others to do the same.

Before I started learning to become “a creator in the likeness of God with conscious awareness,” I reasoned and received intuitive and/or Divine messages without being consciously aware of those abilities.

An example of receiving Divine guidance without conscious awareness would be the way I received my answer when I asked what God wanted me to do in order to progress spiritually. When I looked for that special book for my mother-in-law, three times I gave up my search. Then a “strange force” directed me to the exact spot where I could find it!

In that book was the answer I had been seeking. At the time when I received my Divine answer, I didn’t understand how, why, and what had happened. Therefore, I called that event a miracle. Once you are consciously aware of your intuitive skills, the results of those skills are no longer miracles.

Our destiny is to become compatible with God. As we learned before, God is the creator and created us in His image and His likeness. “In His image” means that we have the ability to create our life situations with our thought images. We all have imagination and we use it all the time, consciously or unconsciously. Since our thoughts manifest, we are already creators.

Yet, because most people are not “in the likeness of God” and do not have conscious awareness of reasoning, intuition, and Divine guidance, their life creations are mostly the result of their habitual thoughts. That’s why their lives are not exactly as they would like them to be. Only some aspects may be satisfactory.

The good news is, if you don’t like a certain life condition or situation, you can observe the unpleasant parts of your life and learn about your habitual thoughts. Through the use of reasoning, intuition, and Divine

guidance you can discover the habitual thought that created the undesirable situation in your life.

After admitting to the unproductive thought, through reasoning you can formulate the objective and positive question. You can then discover the nature of the productive thought and how it relates to your Soul's Need. Once you know the answer, you can then replace the unproductive thought with the productive one. The new productive thought is the missing piece that when accepted into your consciousness will feed your soul.

We use the imagination to replace an unproductive thought with a productive one. Since this new image of ourselves is created by conscious choice, it will be stored in our brain for us to recall at any time. We will then identify ourselves by this new image, and it will supersede those moments when we may start to return to our former way of thinking.

In order to be "creators in the likeness of God with conscious awareness," we need to learn to consciously think like God. The Universal Laws of creation are the principles that describe the way God thinks. Universal Truth and/or beauty explain those Universal principles in words or in shapes, colors, forms, smells, and tastes. For example: Cause and Effect is one of the Universal principles or laws. *Thought is the Cause and the Effect is its physical manifestation.* This Universal Truth explains in words the Universal Law of Cause and Effect.

There are 144 God-like qualities and skills, 12 Universal Laws, and 18 Universal Truths. On a few occasions there are two Universal Truths, which would describe one Universal Law. By consciously applying these principles in our life, we develop our awareness of the God-like qualities and skills within our consciousness. Later in this book we will provide explanations and examples of how this is done.

Nothing is an accident, a miracle, or luck. By looking for the causal thought in any of our life situations or conditions, pleasant or unpleasant, we use the Universal Law of Cause and Effect. In order to find the habitual thought, we would deliberately observe the effect of our habitual thinking. These will manifest as pleasant or unpleasant life situations. Because we are not fully aware of why we are experiencing them, we would ask the positive and objective question: "How did I create this situation in my life?"

The unconscious thought related to any pleasant or unpleasant life situation is the "causal" habitual thought. Once you discover your causal habitual thought, you bring your conscious awareness into your unconscious thinking. Then you can replace the habitual thought with more productive thinking. The result is a positive change in your life situation.

My sculpting story is an example of developing understanding of

the Universal Law of Cause and Effect through discovery of the causal thought of a pleasant or unpleasant life situation. My causal thought, which resulted in my losing control of my working situation, was hatred of the physical condition. With that attitude I lost control of my physical situation.

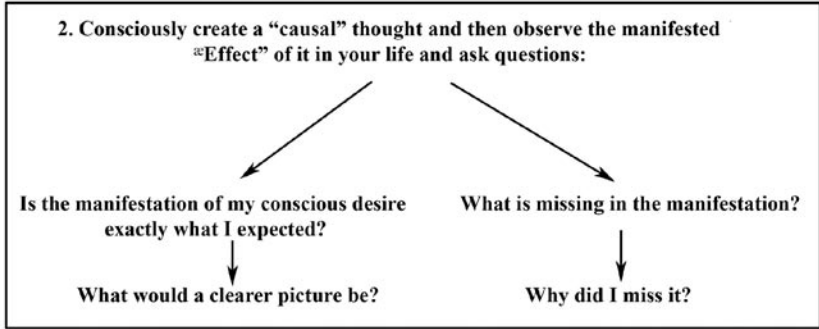
This is an example of “victim consciousness.” I tried to give away my God-given creative ability. After I stilled my mind I discovered the causal thought of hate and replaced it with love. With love and a disciplined mind I re-gained my control over the physical condition. The physical condition improved because I improved my consciousness.

You can also use the Universal Law of Cause and Effect by consciously creating your causal thought and then observing its manifested effect. By observing how your conscious thought manifested in your life, you can also learn about your unconscious habitual thoughts.

For example, set a goal in your life or formulate a desire. The goal or desire is your conscious causal thought versus the unconscious or habitual one that was used in the previous example. Using your imagination, create a thought image of your goal or desire. Then become receptive and anticipate the opportunity to manifest this goal. You will then respond to one of the opportunities that will now come your way by taking action. Your action will manifest your goal or desire.

Discovering Habitual or Unconscious thought using the Universal Law of Cause and Effect

1. Observe unpleasant life situation and find the “causal” unconscious thought.



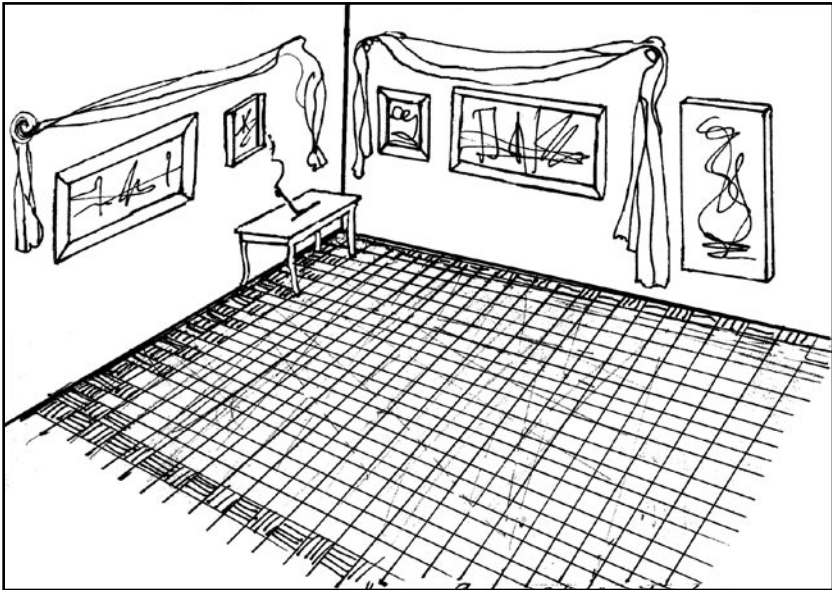
You will then compare the image of your desire with its manifestation while asking: “Is the manifestation of my desire exactly what I expected?”

If not, ask: “What is missing or different in the manifestation?”

Obviously, if something is missing or different in the physical manifestation of your desire, you omitted something in your original thought image, or the thought image wasn't clear. You would then need to ask yourself, "Why did I leave this part out?" Or, "What would a clearer picture look like?"

These questions are important because when answering them honestly, you can discover the missing piece or habitual thought in your consciousness that you were not aware of before.

For example, several years ago I developed a collection of paintings and was looking for a gallery to represent my work. I cultivated in my mind a conscious desire to find the perfect gallery. I thought I had a clear picture of what I wanted. In my thought image I included the location of the gallery and how it should look inside. Those things were important to me at the time. I wanted it to be located in one of the major Chicago Art Gallery areas and the inside should look, smell, and sound spiritual. I wanted my gallery to have a "new age" atmosphere, with creative drapery, scents, and spiritual music in the background.



Two weeks after I consciously formulated my desire, a gallery owner called me. She was looking for artists for her new gallery in Chicago and someone had recommended me.

At first when I met with the woman in her new gallery, I was excited. Inside it looked exactly as I had imagined and the location also met my expectations. The gallery owner liked my work and I became the featured

artist for her grand opening. Although everything went according to what I had imagined, I didn't sell many paintings and soon after, the gallery went out of business.

I needed to take responsibility for my thoughts and admit that receiving money for my artwork was not included in my imagination. That realization was a great learning experience. I needed to admit that I had an unhealthy attitude about money.

After asking the objective and positive question: "Why did I not include selling my paintings in my original thought image?" I could hear my habitual thought: "I paint because I love it, not because of money." This unconscious thought was attached to my consciously created thought image. With this "starving artist" attitude I had cheated myself from earning money through selling my art.

After this discovery, I formulated a new thought: "I love to paint and I deserve to be paid well for my work." Because I had low self-esteem issues it took longer to convince myself to believe that I truly deserve to receive money. My consciousness regarding self-value needed to change. With my determination and a disciplined mind eventually I improved my thinking.

By consciously using the Universal Law of Cause and Effect we become more responsible for our thoughts. We learn to admit a causal thought for our unpleasant or pleasant life conditions. We also become more responsible toward ourselves by responding to our physical desires. Thus, *responsibility* is one of the God-like qualities we can develop by consciously applying the Universal Law of Cause and Effect.

The first time I had learned that my thoughts manifest I was horrified. This new awareness occurred during my early lessons at the School of Metaphysics. While doing my concentration exercises I started to be more aware of my thoughts. I also became more aware of my fears. Would all of these fearful thoughts manifest, I wondered. Indeed, would I be better off not knowing that thoughts manifest? I brought my concerns to my teacher and he replied, "Knowledge will give you control and that control will set you free."

The most dangerous thoughts are the unproductive habitual ones that are denied and/or suppressed. Habitual thoughts are related patterns that run through our brain over and over without our conscious choice of controlling them. They are often referred to as attitudes. We need to work on discovering and working out our denied and/or suppressed unproductive attitudes because they manifest as unpleasant situations in our lives. They may also eventually manifest as a disease in our physical body.

It is important to know that it is not the thought itself but the *intention* behind the thought that manifests. For example, if I think or say, "I'll

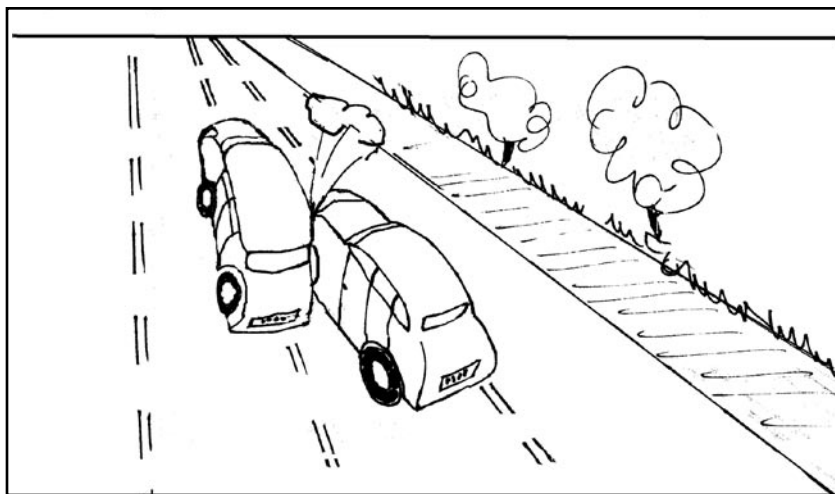
kill you,” and the intention is really not to kill, it is just a metaphor. Most likely you are not going to kill anyone and no one is going to kill you.

However, if you hate someone and allow that thought to occupy your Conscious part of the mind for a while, you might end up hurting that person verbally and/or physically. You would also set yourself up for someone to hate you. This is because every intention, productive or unproductive, eventually comes back to the person who sent it. If you continue to entertain the thought of hatred in your consciousness, you may also develop disease in your physical body as well.

However, once you bring unproductive thoughts to your conscious awareness by admitting and intending to change them, the unproductive thoughts become potentially less dangerous for becoming manifestations. Moreover, if you intend to change the unproductive thought into a productive one in your consciousness, this intention will influence the outcome of your thinking. The same unproductive thinking will have less power even if you would catch yourself thinking it repeatedly.

For example, one of the unproductive thoughts I had recognized when I started to discipline my mind was a fear of driving. Prior to starting lessons in the School of Metaphysics I had a car accident. My daughter was coming home from school for her Christmas vacation and I took the expressway to the airport to pick her up. I was on time so I wasn't in a hurry.

While driving in the middle lane, suddenly the vehicle that was directly behind me speeded up; but instead of moving over to pass me in the left lane, it squeezed in next to me and banged into my car door.



Luckily no other cars were near me so I was able to maneuver into the right lane, gain control of the steering wheel, and continue to drive.

My car was damaged, yet the engine was running so I kept driving. The vehicle that had hit me had already disappeared in the maze of traffic far ahead of me.

Obviously the driver was unconcerned about what had happened to me after hitting my car. In fact, I sensed that the intention to hit my car was deliberate. Maybe I was driving too slowly and he was in a hurry to get somewhere. I'll never know the answer to either question, and just as frightening was the thought, "If an accident like this can happen for no apparent reason, then anything can happen." I now felt I could no longer drive safely, since I believed I didn't have any control over other drivers.

After the accident, I developed a fear of driving. Then, when I learned that my thoughts manifest, I freaked out. My fearful thought was about having another accident. I stopped driving completely, because I didn't want to give my fear any opportunities to manifest.

In the first lessons of metaphysics I also learned to still my mind. When I practiced this, I realized I needed to replace my fear of accidents with productive thinking. I formulated a new thought: "I am a good and safe driver." I kept repeating this new thought, while imagining myself as a safe and good driver.

I also learned that in order to integrate this new thinking and place it in my consciousness I needed to put it into practice. I could no longer avoid driving; and while I was doing so, I had to focus on my new way of thinking.

Many times while I was driving along I caught myself dwelling on the former fearful thought of an accident. However, I intended to change that fear. I was prepared to replace it with my new way of thinking. With a willingness to change my thinking, it became easier to bring my attention back to my desire each time the fear entered my consciousness.

The thought of an accident lost its power because my intention to replace it with a new thought of confidence was now in my consciousness. Eventually, with determination, a disciplined mind, and practice, the fear dissipated. I also meditated on courage while changing my fearful attitude.

Your thoughts will manifest according to your intention. However, the quality of manifestation would be according to the amount of attention you give those thoughts. You can think of your mind as a garden. The conscious thoughts of your desires and goals are the flowers or vegetables in your garden. The habitual or unconscious thoughts are the weeds that also grow there, even though you didn't plant them or choose to have them as part of your garden. The weeds are your fears and doubts. Whenever you focus your attention on your desire, it is

like watering and fertilizing your flowers or vegetables. When you allow doubt or fear to enter your consciousness, your attention takes notice and acknowledges them. You are “watering and fertilizing your weeds.”

Usually a change in consciousness takes time. It is a normal occurrence for people to switch periodically from what they truly desire back to fear or doubt. When that happens, you just need to focus once again on your original desire. Let’s say you pulled the weed and after a while it grew back. All you have to do to keep your garden healthy is simply pull it out again. Keep weeding your garden and nurturing your flowers and vegetables.

You can have anything you desire. If you have the intention and determination to change your unproductive thinking, your desires will gradually become stronger than your fears or doubts. Your desires will then manifest.

Weeding your garden could be compared to the intention and determination to change your unproductive thinking. With confidence you know if you keep removing the weeds from your garden you will prevent them from destroying your plants.

The quality of the creative process and manifestation of your desires are directly related to your doubts and fears. Doubts and fears are the *obstacles* that manifested during the time you were creating what you wanted. If you had no fears or doubts, the manifestation of your desire would happen quickly and easily.

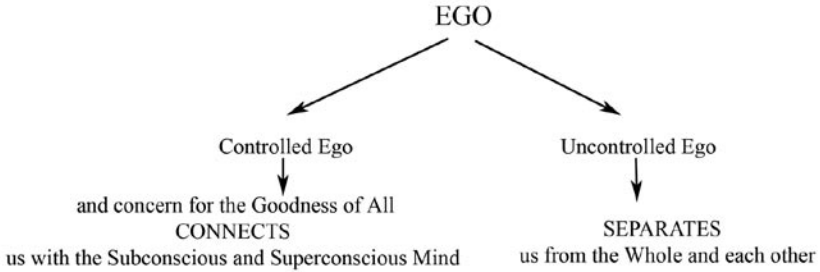
When you believe without doubt, you can have anything you desire. This Universal Truth describes in words the Universal Law of Believing and Knowing. By deliberately replacing your doubts and fears with your conscious desires, you activate in your consciousness the Universal Law of Believing and Knowing. This *positive thinking* will become your new God-like quality.

By disciplining your mind and deliberately causing changes in your consciousness, you are becoming closer to the likeness of God. As we now know, when our Conscious part of the mind is undisciplined, we give control to our ego.

In order to keep us happy, the uncontrolled ego wants to compete for



fame, power, and/or money. It wants us to be “better” than someone else. This desire keeps us separate from each other. Often our uncontrolled ego instigates jealousy and envy. That’s how our uncontrolled ego separates us. The controlled ego, on the other hand, connects us with the whole.



The disciplined Conscious part of the mind connects our consciousness with the Subconscious part of the mind. In *the Subconscious part of the mind we are all connected*. Therefore, we possess healthy competition, which is a striving to be better than we were before. Healthy competition is the result of a disciplined mind. It supports our growth into God-likeness while being able to hold in mind a concern for the highest Good. Continuous concern for the highest Good of All connects us with the Subconscious as well as the Superconscious part of the mind.

Concern for the Goodness of All is another God-like quality. This quality activates the Universal Law of Relativity. *We are All One* is the Universal Truth which describes in words this Universal Law.

13 UNIVERSAL LAWS AND 19 UNIVERSAL TRUTHS

- #1. The Universal Law of Proper Perspective
 - 1. *Seek the kingdom of heaven first and everything else will be added unto you.*
- #2. The Universal Law of Relativity
 - 2. *One thing will lead you to another.*
 - 3. *We are all One.*
- #3. The Universal Law of Duality
 - 4. *Opposites attract.*
- #4. The Universal Law of Infinity
 - 5. *Transformative present moment is all that really exists.*
 - 6. *Truth will set you free.*
- #5. Universal Law of Attraction
 - 7. *Love is the universal attraction that binds us with God, each other, and everything in creation.*
- #6. Universal Law of Cause and Effect
 - 8. *Thought is the cause, and the effect is its physical manifestation.*
 - 9. *You are as you think.*
- #7. The Universal Law of Believing and Knowing
 - 10. *The duty of the Subconscious part of the mind is to provide opportunities to fulfill the Conscious part of the mind's desires.*
 - 11. *When you believe without a doubt, you can have anything you desire.*
- #8. and #9. The Universal Law of Divine Birthrights.
- #8. Universal Law of Imagination
 - 12. *We create with our thought images.*
 - 13. *Thought is the most powerful source in the universe.*
- #9. Universal Law of Free Will
 - 14. *God gave us free will.*
 - 15. *Will is the ability to choose.*

#10. Universal Law of Abundance

16. When you help someone to become abundant, you will become abundance yourself.

#11. Universal Law of Prosperity

17. You produce more than you consume.

#12. Universal Law of Evolution, Progression, or Expansion

18. Evolution is a process of addition.

#13. The Complete Law of Creation

19. The Father and I are One.



Sharka Glet with a Masters of Art Degree from Charles University in Prague, Czech Republic and Doctor of Divinity Degree from the School of Metaphysics in Missouri is a professional artist, writer, wife, mother, grandmother, counselor, and spiritual teacher.

Sharka Glet's parents, both artists, influenced her love for art. Glet has always known since she was a little girl that her life mission is to bring an important new element into the world of art.

While growing up under the influence of a Communist system in the former Czechoslovakia, Glet had to hide her spiritual experiences, such as astral projection, telepathy, and miraculous healing. The exclusive materialistic explanation that was provided by the Communist system was not satisfactory to her. Therefore, soon after Glet immigrated to the United States, she started to seek answers that could not be answered by her religion or the former political system. She wanted to understand how she personally contributed to those supernatural experiences.

Glet's spiritual journey started in California by practicing Hatha Yoga, followed by taking a seven-month course at You Metaphysical Institute in Los Angeles, then seven years of participation in Transcendental Meditation program in Chicago and Fairfield Iowa. For eighteen years Glet studied and taught students how to raise consciousness in the School of Metaphysics. She also became a director of one of their Chicago-area branches.

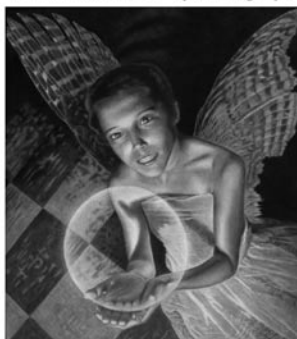
As a professional artist Glet combines her love of art with devotion to her spiritual growth in her artwork. She applies her intuition and understanding of Sacred Geometry while sculpting, painting, and writing.

Glet works in the Friends of Community Public Art Studio in Joliet, Illinois, as a leading artist creating murals, mosaics, and sculptures. She is also involved in painting and sculpting angels. She believes that her understanding of spirituality, which includes the importance of purpose, is the new element that she brings into the art world. Glet creates purposeful art. It means that she learns about her authentic self while creating it. She enjoys talking about her discoveries and loves to teach others to do the same.

Glet gives lectures, seminars and TV and radio interviews educating people about the creative use of the mind. She also loves to counsel people to aid them to understand spiritual lessons in any of their everyday life experiences. She is available to aid anyone who seeks to learn to know his or her authentic self.

Sharka Glet can be reached for lectures, coaching/counseling and media interviews, through e-mail: sharka_glet@yahoo.com or on her website: sharkaglet.com

Paintings by Sharka Glet
oil on canvas
also available in quality prints



Cover painting "From Darkness to Light"
24" x 28"



"Archangel Raphael"
22" x 28"



"Archangel Michael"
22" x 28"



"Archangel Uriel"
24" x 28"



"Archangel Gabriel"
22" x 28"



"Archangel Metatron"
24" x 30"



"Prayer for Humanity"
24" x 28"